

## GOAL SETTING

**Purpose:** To help students set realistic goals for success.

### Steps for Getting It Done:

- Speak with students about the importance of setting realistic goals to improve their learning. It is important to get students to understand that they are responsible for setting clear learning goals throughout the year, to self-regulate these goals and ensure that they are mastering them. They also need to know that the goals change as they master them.
- Practice goal setting with students by focusing on an area that they are all having some difficulty with (e.g., fractions).
- On chart paper, write the question: “How can you make better use of independent reading time?” Ask students to respond.
- Provide each student with a copy of the next page. Ask each student to select a goal from the list and place it in their Student Goal Setting Page. Set a time limit of one week for the first goal to be achieved.
- Provide feedback. Have each student select a goal-setting partner and check in with this partner if he/she has any questions.
- At the end of the week conduct a circle and have students discuss what they did to achieve their goal.
- Choose a mutually acceptable celebration to recognize the class as a whole for the work done to meet their goals (High Five, quick dance move, cheer, etc.)

## Student Goal Setting Chart

Name: \_\_\_\_\_ Date: \_\_\_\_\_

To improve in \_\_\_\_\_

I plan to \_\_\_\_\_

I'll do this by \_\_\_\_\_

Signed: \_\_\_\_\_

Goal Partner's Name: \_\_\_\_\_

On (date) \_\_\_\_\_ I:

\_\_\_ met my goal

\_\_\_ still need to work on my goal